Welcome to Delicious Peru!

Almost unknown until recently, Peruvian Cuisine is steadily conquering the palates of the most renowned chefs worldwide. It is truly one of the World's most unique and delicious cuisines.

Ancient Summit, Inc. and Chef Marita Lynn invite you to experience the gastronomic marvels Peru as well as the magic of its culture. Truly, a MAGICAL JOURNEY THROUGH PERU’S HISTORY, CULTURE AND CULINARY TRADITION.

Join us on a voyage to a country that will dazzle your taste buds along with ALL of your senses!!!

Detailed Itinerary

**Day 1: Friday, 8th November - Arrival in Lima**

INTERNATIONAL FLIGHT: To Be Advised

Welcome to Lima - Just outside customs a member of our team will meet and escort you over to your hotel to assist the group with checking in. For convenience, tonight the group will stay at the only hotel inside the airport so that you don’t have to deal with Lima traffic. Depending on the time you arrive, it might be a good time to have a “meet and greet” or we will do that in Cusco. Get a good night’s rest and we will be back to assist you in the morning to assure a seamless transition for your flight to Cusco. Your body needs to be well rested in order to acclimate to the thinner air of the majestic Andes Mountains.

Overnight: COSTA DEL SOL - Airport Hotel

Pack your bags and...your **SIX** senses!!!
Day 2: Saturday, 9th November - Lima to Sacred Valley
INTERNAL FLIGHT: To Be Confirmed
The group will meet at breakfast at the hotel café and then continue to check-in for the flight to Cusco. Enjoy your flight over the Andes. Upon arrival in Cusco you will meet your local team, including your expert guide and your driver, and begin your picturesque journey towards the Sacred Valley. We will inform you about Andean agricultural history as well other interesting facts. We have not structured any definite tours but we do plan to have a few short, interesting stops along the way. Today is the day we prefer to take it easy as you are over 10,000 feet above sea level. That also means lighter food because the altitude slows digestion and the introduction of Coca Tea*. We will stop at a favorite eatery in the Sacred Valley for a light lunch but will relax at the hotel for the rest of the day and let the body acclimate.

Overnight: INKATERRA HACIENDA - URUBAMBA  
Meals: Breakfast, Lunch (at TAWA)

*The consumption of Coca tea, as well as chewing the leaves, increases the absorption of oxygen in the blood, which helps combat altitude sickness.

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Day 3: Sunday, 10th November - Sacred Valley
Today we visit a hidden gem and working ranch belonging to Chef Marita’s friend Pablo. Organic farming is key here along with the horses and other projects. After touring the grounds and spending time with Marita and the ranch’s chef, a ranch style, gourmet farm to table lunch will be served. After lunch, handcraft your own chocolate and/or coffee the traditional Andean way. Marita calls this “from bean to delicious”. These are not store-bought coffee & cacao beans – they come from Pablo’s own organic plantations in the jungle. Spending the day here is a true highlight of your time in the heavenly Sacred Valley. This is an exclusive private property that only privileged guests have access to.

Overnight: INKATERRA HACIENDA - URUBAMBA  
Meals: Breakfast, Lunch

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Pack your bags and...your SIX senses!!!
Day 4: Monday, 11th November - Continued Adventures in the Sacred Valley

Not to be missed are the ancient Salt Mines, the village of Maras and the fascinating agricultural experimental station at Moray which we plan to do this morning. After exploring, we have a specially prepared picnic lunch in a beautiful landscape. At this time we are planning for Chef to prepare dinner at a special private home located in the area. This evening is part of our continued explorations into the world of Peruvian cuisine and Novo-Andino flavors.

Overnight: INKATERRA HACIENDA - URUBAMBA
Meals: Breakfast, Picnic Lunch, Dinner

Day 5: Tuesday, 12th November - Sacred Valley to Machu Picchu

This morning we drive to the ancient fortress village of Ollantaytambo. This is one of the few places the Spaniards lost a battle during the conquest and could be the reason why they never found Machu Picchu! From here we board the fantastic Sacred Valley Luxury Train where lunch is served as we enjoy our scenic journey to Machu Picchu Town (formerly Aguas Calientes). This town is perfectly positioned for the exploration of breathtaking Machu Picchu, Lost City of the Incas and one of the SEVEN Wonders of the World! This afternoon, we will take the bus up the famous zig-zag road to the Lost City and visit as much as possible before the sunset bids us good bye for the day. A kind of sneak preview and special delight for photographers. Delicious dinner awaits back down at the hotel.

Overnight: INKATERRA - MACHU PICCHU PUEBLO
Meals: Breakfast, Lunch, Dinner

Day 6: Wednesday, 13th November - Machu Picchu to Sacred Valley

Early this morning, we board the bus back up to the entrance to Machu Picchu with the hopes of viewing the sunrise! At this time your guide will talk about the amazing architecture and mysterious temples and the sophisticated ideas of this highly advanced culture. Lunch will be served back in Machu Picchu Town for a taste of the local fare at INDIO FELIZ. After lunch, the group will board the return train to Ollantaytambo station where your now familiar drive awaits back down at the hotel. This evening is free time to reminisce about the wonders.

Overnight: INKATERRA HACIENDA - URUBAMBA
Meals: Breakfast, Lunch (at INDIO FELIZ)

Pack your bags and...your SIX senses!!!
For Chef Marita Lynn and Friends

Day 7: Thursday, 14th November - Sacred Valley to Cusco With Sacred Food Rituals and Exploration Along the Way

Today, we begin the journey towards Cusco stopping for more of Chef Marita’s fascinating offerings. A culinary exploration into the ancient and spiritual side of the food experience known as the Pachamanca. You will be intrigued and ultimately delighted by this typical way of cooking in direct connection with Mother Earth to take place near a sacred and beautiful glacier filled lake. After lunch and now full, happy and blessed by the Pachamanca ritual, we have planned a visit to an authentic rural community where the villagers still practice their ancient traditions and we again have the opportunity to participate in another cultural component of our adventure. Surrounded by striking natural landscapes and the Apus (mountain spirits), the village is not a tourist stop but an authentic local community and part of a non-profit project that our tour designer Nina Fogelman of Ancient Summit, Inc. is dedicated to. Ancient Summit works side by side with the villagers so that the COMMUNITY may go forth and prosper while maintaining the integrity of their indigenous culture. You will have an opportunity to observe and participate in weaving techniques that are some of the oldest in the Americas. (Please ask us about donations.) Nina’s son Julio runs our after-school learning center and this is the community where the Documentary, about our work was filmed. The day ends in Cusco. Marita thinks you might want to do your own discovery tonight and eat on your own but of course you are welcome to join her. Cusco is a wonderful at night!

Overnight: BELMOND MONASTERIO  
Meals: Breakfast, Lunch

The Pachamanca has been part of the Peruvian culture dating back to pre-Hispanic times. The name comes from the ancient language – Quechua. “PACHA” means EARTH and “MANCA” means cooking port, which could be translated as “Earth Oven”

Widely used in during Inca times, the Pachamanca is considered part of a ritual. More than just a method of cooking, it is a celebration of fertility and life. Pachamanca is buried under the ground and cooked over hot stones for several hours. Cooking Pachamanca is a way of rendering homage to Pachamama (Mother Earth). Products return to the earth to be cooked and participants will receive it from the earth and feast from it.

It is both a way of worshiping nature combined with social events and very rooted in Andean culture even today.

Pack your bags and...your SIX senses!!!
Day 8: Friday, 15th November - Cusco

Today we will start with a walking tour through the streets of Cusco, the oldest continuously inhabited city in South America. A city famed for its blend of Spanish and Inca cultures and has long been the inspiration for many an artist and chef. Once the principal city of the Inca empire, and is now the undisputed archaeological capital of the Americas. Today we can visit the Korikancha Temple (Temple of the Sun), a classic example of the fusion of Inca and Western cultures with some of the most impressive Inca stonework in the city. We also plan to visit Sacsayhuaman, and possibly additional archeological sites as time and energy allows.

Also, an interesting and fun stop at the central market of Cusco. Here you will learn more about typical Andean food products, about all the different varieties of local vegetables, grains and meats, as well as intriguing mysticism still active within this culture. Lunch will be served at Kion. After lunch there is more to discover as well as a possible rest at the hotel before an amazing culinary event this evening .... An exclusive dinner will be served inside the Pre-Colombian Art Museum, surrounded by ancient gold pieces in an exquisite Private Dining Room.

Overnight: BELMOND MONASTERIO
Meals: Breakfast, Lunch (at KION), Dinner (in the ‘Gold Room’)

Inca Site of Sacsayhuaman

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Day 9: Saturday, 16th November - Cusco to Lima to Paracas

After some early morning free time in Cusco for possible last-minute shopping, we say goodbye to the Andes and return to the airport for our flight to Lima. Upon arrival in Lima we drive down the South Coast to Paracas. We do not have planned experiences today as it is a long travel day between flights and the 3-hour drive to Paracas. We will stop for lunch at along the way (not included) where you can order something typical from the menu.

Overnight: LIBERTADOR PARACAS               Meals: Breakfast

Day 10: Sunday, 17th November – ‘Pisco’ in Paracas

Today, back at sea level and ready for new discoveries, we will have the unique opportunity to visit the oldest vineyard in Peru - BODEGA TACAMA. You will see and learn an interesting history our grapes, wine and of course the preparation process for Pisco –Peru’s flagship drink and a spirit that continues to gain more international fans every day. We will be invited by the Sommelier to the underground cellar as well.

After this, we will head over to House of Tejas or “Casa de las Tejas, the much-loved Peruvian dessert. a Teja (pronounced TAYHA) is a dumpling-shaped confection from this very same region containing manjar blanco – a filling (similar to dulce de leche) and either dried fruits or nuts. Here at the facilities, you will learn about the history and evolution that surrounds this traditional Ica sweetmeat through time. Also they will be part of the experience of the elaboration of this traditional sweet that will be carried out in a perfectly conditioned workshop for this purpose, where following instructions of an expert, you will elaborate your own delicious Tejas. A spectacular day indeed! Thank you Chef Marita!

Overnight: LIBERTADOR PARACAS               Meals: Breakfast

Day 11: Monday, 18th November - Ballestas Islands and Sunset In The Desert

This morning is your tour to the Ballestas Islands “Peru’s mini Galapagos”. These islands have been eroded to form countless natural caves and arches. It is home to millions of sea birds such as flamingos, pelicans and Humboldt Penguins, all able to feed in some of the richest fishing grounds in the Pacific. We continue with a visit to the Paracas National Reserve, where you will be able to spot large groups of flamingos feeding on the shores. Getting a better view of these beautiful birds will require a short walk to a small viewpoint. Later in the afternoon get ready for another memory to be created for you by riding up to some of the highest sand dunes in the world to toast the sunset. Another great day to add to your Peruvian memoirs.

Overnight: LIBERTADOR PARACAS               Meals: Breakfast

Day 12: Tuesday, 19th November - Paracas to Lima

And our seaside adventures continue today with either a visit to a shellfish hatchery and learn about the breeding process as well as be able to have some tastings. Or we might accompany Chef Ricardo on his search for the freshest seafood for his offerings of the day. We will have lunch at Chef Ricardo’s Tres Keros by the Sea before driving back to Lima and our hotel for the next few nights.

Overnight: CASA REPUBLICA               Meals: Breakfast, Lunch

Pack your bags and...your SIX senses!!!
Day 13: Wednesday, 20th November - Lima

Today we will tour Peru’s capital Lima, also known as the City of Kings, which includes a visit to Larco Herrera Museum and time permitting other interesting stops and time for last minute shopping. Lunch is at the world famous MAIDO Nikkei (not included). Your hotel is located in a very wonderful part of the City – Barranco. This area is considered to be the Lima’s most romantic and bohemian; being the home and working place of many of Peru’s leading artists, musicians, designers and photographers.

Overnight: CASA REPUBLICA Meals: Breakfast

Day 14: Thursday, 21st November - Lima and home

INTERNATIONAL FLIGHT: To be confirmed

This morning we can visit the local market in the San Isidro neighborhood of Lima. This market is known to have the freshest offerings in a very different environment from your visit to San Pedro Market in Cusco. Today’s lunch will involve food demonstration and tastings (more info to follow) after which will be time to head back to your hotel in preparation of driving back to Lima Airport for your flight home.

Day use: CASA REPUBLICA Meals: Breakfast, Lunch

Space is limited to 8 guests and based on double occupancy. Reservations are accepted in order of receipt of a 30% deposit and a signed booking forms for each participant. Total payment is due 90 days prior to the start of the tour.

No flights are included – consider $375 per person round trip for Lima/Cusco/Lima

PRICE PER PERSON BASED ON DOUBLE OCCUPANCY $8,085
SINGLE SUPPLEMENT - $2,950

BRIEF OVERVIEW OF WHAT IS INCLUDED

- Overnight in ALL hotels
- ALL activities and tours as described in the daily descriptions
- Absolutely the best guides throughout your visit
- All land transportation in safe, private vehicles with highly skilled drivers
- Meals as specified in program
- 24/7 beyond the imagination, Ancient Summit style of customer service
- AND SO MUCH MORE (everything described daily is included in your price)

Pack your bags and...your SIX senses!!!
Expenses not included in your visit

- International and in Peru airfares
- Tips to drivers / guides / service personnel
- Passport/visa fees
- Airport taxes where applicable
- Items of a personal nature such as alcoholic beverages, tips, laundry, telephone, etc.
- Charges incurred as a result of delays beyond the control of Ancient Summit
- Trip insurance (Note: This optional coverage is highly recommended)

Price is per person sharing a double room (either 1 or 2 beds per room depending on needs). Travelers requiring a single room (not sharing with anyone else) will be charged a single supplement per amounts quoted above in addition to the list price.

- The listed price per person is subject to change at the time of booking based on the number of guests, availability of quoted services, and any changes that are made to this itinerary. We always do our best to maintain current pricing.
- This trip has been custom designed and rated for a group of 8. A group discount applies. Should the group be less than 8 travelers, some costs may increase where group discounts would no longer apply
- Regional airfare costs are subject to change and availability

IMPORTANT NOTE: Please be advised that travel in Peru and South America in general, is occasionally subject to disruptions due to circumstances beyond our control which may affect your trip and result in delays and changes of plans. These include but are not limited to - adverse weather conditions, unannounced schedule changes in museums and other attractions’ opening times, flight cancellations or delays etc. Likewise, infrastructure is still limited in places, so water and power shortages might occur as well as substandard service even in the best hotels. Therefore, to enhance the enjoyment of your holiday, we strongly advise you to exercise patience and understanding as nobody can or will be held responsible for changes to your itinerary as a result of the aforementioned. The benefit of working with Ancient Summit is that we are there to mitigate the hassle and rearrange activities wherever possible but sometimes circumstances are beyond our control. The upside is the privilege of visiting a magical country with a rich culture and delightful population and scenery you will never forget.

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